Your audio recorder comes equipped with an 8gb sim card already inserted, and another 8gb sim card in the carrying case. The recorder should also be fully charged, and able to record approx. 7 minutes of interview before you need to re-charge.

1. On the left hand side of the recorder, make sure that the HOLD button is switched to the right (off). Press power button for a few seconds to turn the unit on. On the top left hand corner of the screen, you will see a square, and there will be no level movement.
2. Press the RECORD button. It will start to flash red. This means that the unit is on *standby*. The screen will show a square icon, and the levels will be moving. **You are not yet recording!**
3. To begin recording, press the RECORD button again. It will stop flashing and become solid red. The icon on the screen will become a circle/snowflake shape.
4. To pause, press PLAY/PAUSE button. The icon on the screen will look like two vertical lines. To restart, simply press the PLAY/PAUSE button again, and be sure to check the icon is now a circle/snowflake shape.
5. When the interview is over, press the STOP button. The icon will return to a square shape. Turn the recorder off by pressing the ON/Off switch on the side.